



A contest for all Nautilus Members to see who can achieve the highest percentage of weight loss in 6 weeks.

There will be 3 weigh-ins for all participants: week 1, week 3, and week 6. At the end of the 6 weeks, the starting weight will be divided by the ending weight and a percentage of weight lost calculated.

The member with the highest percentage of weight loss will be the **NAUTILUS BIGGEST LOSER WINNER** and will receive...

\$200 cash prize and 3 months added to their membership!

The start date is Monday, January 10th

Price Option 1 - \$85.00

- T-shirt
- Weekly Group Training Sessions (Led by a Personal Trainer) \$120.00 value
 - Weekly support meeting with your coach
 - 3 Team Challenges

Price Option 2 - \$30.00

- T-shirt
- 3 Scheduled support meetings with your coach

Sign-up at the front counter by January 7th