

NEW!

FREE to all
NAUTILUS
Multi-club Members



aqua

ZUMBA®

**5:45 PM
TUESDAY**

**9:00 AM
FRIDAY**

**11:00 AM
SATURDAY**

NAUTILUS TENNIS & SWIM

Join the party, in the water! Aqua Zumba™ incorporates dance and fitness moves in the water. Accompanied by fun, upbeat music, it makes exercising seem like a pool party!!