

BIGGEST NAUTILUS LOSER

A contest for all Nautilus members to see who can achieve the highest percentage of weight loss in 6 weeks.

There will be 3 weigh-ins for all participants: wk 1, wk 3, and wk 6. At the end of the 6 wks, the starting weight will be divided by the ending weight and a percentage of weight lost calculated.

The member with the highest percentage of weight loss is the **NAUTILUS BIGGEST LOSER WINNER!**

There are 3 starting date options:

****Members may only sign up for 1 contest option.**

Contest 1: Monday January 18th – Monday March 1st

Contest 2: Monday January 25th – Monday March 8th

Contest 3: Monday February 1st – Monday March 15th

Each winner from above receives 3 months added to membership

\$500 cash prize for the overall loser!

The overall NAUTILUS BIGGEST LOSER will be announced Tuesday, March 16th

**Cost is \$15 to sign-up
Includes a T-shirt!**

**Sign-up at the front
counter today!**