



Kids In Motion

What?

Are you ready for some fun and fitness? Kids in Motion is a 45 min fitness class for ages 5– 12 yrs old that includes a variety of physical activities, creative exercises and energy packed fitness games!

When?

Tuesday mornings
at 10:45

Where?

Parkway Nautilus
Group Fitness Studio

Details

Cost is \$15 per child
for Nautilus members
per month!

See the front counter for sign up information!