

Third Thursday

Osteoporosis & Bone Health

Larry A. Whitfield, M.D., FACE.



Osteoporosis is a major health threat to women.

Are you at risk?

What are the medical and non-medical treatments? How can nutrition play a role in prevention and treatment?

Join Dr. Whitfield as he answers these and other questions you might have about bone health!

Thursday, Sept. 16th at 6:30 pm

 **Nautilus Lady**