

NAUTILUS 

proudly presents

Kids in Motion

THE SUMMER EDITION

A 45 minute fitness class for kids ages 5 - 9 yrs action packed with a variety of fun and exciting physical activities & fitness games!

Starting:

June 1st - August 20th

Led by: Angie Wheeler,
Certified Kids Inst.

Classes:

Tue/Thurs @ 4:15pm (Nautilus West)

Mon/Wed @ 4:30 pm (Denison)

Class Fee:

\$30 per month (\$50 for non-member)

OR

\$80 for the whole summer! (\$140 for non-members)

(10% discount given for additional siblings)

Class sizes are limited. Sign up today at the front desk!

For more information: thallfit@aol.com